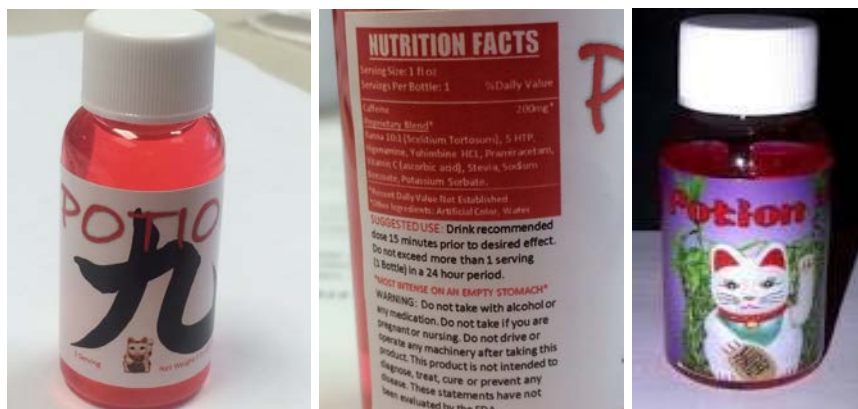


To: Physicians, Nurses, and Other Health Care Providers in American Samoa
 From: Ron Kirschner, MD
 Medical Director, Nebraska Regional Poison Center
 Subject: Potion 9
 Date: 6/24/14

- In recent weeks several individuals were seen in the ED after using a product called Potion 9.
- Potion 9 is available in stores that sell dietary supplements and via the internet; it is a liquid sold in one ounce bottles with a logo of a cat on the label.
 - The product label lists ingredients including 5-hydroxytryptophan, caffeine, kanna, and yohimbine. However, actual ingredients of dietary supplement products may differ from those listed on the label.
- Two patients seen after abusing this product presented with CNS depression, intermittent agitation, and mild bradycardia.
 - They were hemodynamically stable with unremarkable routine labs.
- Both were intubated in the ED for airway protection but were alert the next day, tolerated extubation, and appeared to recover without sequelae.
- Patients thought to be abusing Potion 9 should be managed with supportive care including:
 - Benzodiazepines for agitation, tremor, or seizure.
 - Airway support as needed.
 - Assessment for coingestants and co-morbid conditions.



- In American Samoa, health care professionals and the public can reach the Poison Center by calling 1-800-222-1222.

Our trained staff of nurse and physician assistant specialists in poison information and physician toxicologists is available 24 hours a day to answer your questions.